



**Request for City Council Committee Action  
From the Department of Health & Family Support**

**Date:** April 9, 2007

**To:** HEALTH, ENERGY & ENVIRONMENT COMMITTEE  
**Referral to:** WAYS & MEANS/BUDGET COMMITTEE

**Subject:** REQUEST FOR STEP 5 FOR LARA TIEDE

**Recommendation:** Council approval for Lara Tiede to start at step 5 rate of pay for the federally funded position of Family Support Specialist III/Steps Coordinator, from fund/org 0300-860-8615.

**Previous Directives:** None

**Prepared or Submitted by:** Patty Bowler, Director of Policy and Community Programs, x3009

**Approved by:**

\_\_\_\_\_  
Gretchen Musicant, Commissioner of Health & Family Support

**Approved by:**

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Pam French, Director of Human Resources

**Presenters in Committee:** Patty Bowler

**Financial Impact (Check those that apply)**

☒ No financial impact (If checked, go directly to Background/Supporting Information).

**Background/Supporting Information Attached**

The Department of Health and Family Support is requesting that Lara Tiede start at Step 5 of the Family Support Specialist III salary scale for the position of Steps to a Healthier Minneapolis Coordinator. This position is funded by a federal grant through September, 2009, and the department has sufficient funds to accommodate this recommendation.

Ms. Tiede has a Master's Degree in Public Health and more than 11 years of public health experience including working at the community level, for Hennepin County Public Health, and the University of Minnesota's School of Public Health. She has coordinated large public health programs, and has served as a consultant to the Steps project for more than a year. During this time she has been instrumental in the conceptualizing and implementing of a large scale community health physical activity and weight loss program called "Get Fit Twin Cities", as well as working on the related "Breathe Free" initiative. She has demonstrated her capacity to effectively manage a large scale project such as Steps to a Healthier Minneapolis, which includes interventions to reduce diabetes, obesity and asthma by addressing three related risk behaviors—poor nutrition, physical inactivity and tobacco use and exposure.